

## Wisdom Wheel Mentorship for Mesa Carriers

This is in total 5 meetings with a 3hour session each time for a deep and transformative journey around the Medicine Wheel + 1 session for the mastery of living in the center.

For you as a Mesa carrier it is a 2nd round of shamanic training with higher energy medicine teachings on each direction weaved in with healing ceremonies. In between meetings you have integration practices and preparation time for the next direction. I recommend at least 2 weeks between each session, but I am flexible based on what you feel will be good for your process of healing and shaman empowerment.

Welcome to your Wisdom Wheel Mentorship where I tailor the work to fit your needs to what you wish to focus on in each direction. Here is a presentation of a foundation of this powerful mentorship program.

1, South. Re-working your South medicine stones with healing themes of your journey. South teachings are working to live in Ayni, live in harmonious relationship with everything in the material world. We look at places where you feel out of balance ex money, your body, your home, job, or lack of abundance in any are of your life. The work is to shift back in Ayni. Strengthening of your South rites - Ayni Karpay, Bands of power, Kawak and Hampe rites to your mesa.

2, West. Re-working your West mesa with ancestor work, karmic lifetime journey, death process of what no longer serves you. Teachings on power and balance in the middle world of Jaguar. Mapping fear-driven behavior, ego driven choices, how does conflict live within you? Also strengthening your Pampa Mesa Yok initiation and practice your tracking skills!

3, North. Re-working your wisdomkeepers mesa. Your soul-purpose? Changing your soul agreement in the upper world. Shapeshifting teachings. Destiny journey ahead... Empower your Alto Mesa Yok initiation. Hummingbird teachings and calling.

4, East. Re-working your visionary mesa. Projection work, dreamer teachings, guided journeys with Condor for higher spiritual wisdom in the upper world. Time for a Shamanic Medicine Name? Strengthening your Kurak Akulley initiation.

5, The Master. How to live in the center of the Wheel. Bringing all directions together in your Ayni, your shamanic core, and shaman dream. Here we wrap up the journey and fill in if there are any gaps or loose ends.

Welcome to a beautiful journey to strengthen your Medicine Wheel and shaman walk in the world! Sessions are in person in Stockholm or over Zoom.  
e-mail [jeanette@amaize.se](mailto:jeanette@amaize.se) and we talk more details.

So exciting to co-create a unique shaman mentorship program for you!

With Love Jeanette